

starters

SOUP OF THE DAY

cup 5 bowl 7

SUMMER CORN CHOWDER GFV

cup 5 bowl 7

PRICKLY PEAR CHICKEN WINGS GF 12

Served with house made kettle chips, celery, carrot & buttermilk ranch

BANG BANG SHRIMP 12

Fried shrimp, chile aioli, toasted sesame seeds on a bed of mixed greens with ginger sesame dressing

CHARRED BRUSSEL SPROUTS GFV 10

Tossed with sweet chili sauce & topped with toasted sesame seeds

CALIFORNIA QUESADILLA 12

Grilled chicken breast, avocado, pico de gallo, black beans, green onion & melted cheddar jack cheese served with salsa roja & lime sour cream

CHILEAN BLUE MUSSELS GF 14

Cooked with white wine, garlic & chorizo

SHREDDED BEEF NACHOS GF 13

Tortilla chips, chipotle cheddar sauce, pico de gallo, black beans, sliced olives, jalapenos, lime sour cream & green onions

SHRIMP AND SCALLOP CEVICHE GF 14

Shrimp, scallops, tomato, cucumber, cilantro, red onion, citrus juice & fresh

greens

CLASSIC CAESAR

half 6 full 9

Romaine, shaved parmesan, crouton with house made Caesar vinaigrette

FRISÉE SALAD

half 9 full 12

Crispy pancetta, egg, parsley, croutons, tomato, & anchovy thyme vinaigrette tossed with frisee lettuce

SUMMER BERRY GREENS GFV

half 10 full 13

Mixed greens, spinach, strawberry, blueberry, blackberry, orange, sunflower seeds, goat cheese, red onion, cucumber, & orange basil vinaigrette

ANTHEM SALAD GFV

half 9 full 12

Mixed greens, dried cranberries, toasted pecans, goat cheese, crispy potato, & balsamic vinaigrette

HEIRLOOM TOMATO GFV 13

Fresh cut heirloom tomatoes, extra virgin olive oil, fresh basil, mozzarella, mixed greens & reduced balsamic glaze

COBB SALAD GF

half 10 full 13

Romaine, mixed greens, tomato, red onion, egg, gorgonzola, cucumber, bacon, avocado, & grilled chicken

Add chicken 3 Add salmon 6 Add shrimp 6

burgers

All burgers include your choice of French fries, onion rings, sweet fries, fresh fruit or cole slaw.

THE SIGNATURE BURGER 12

8 oz beef burger, brioche bun, cheddar, swiss, bacon, lettuce, tomato & onion

SOUTHWESTERN VEGGIE BURGER 11

Lettuce, sprouts, guacamole, chipotle aioli, pico de gallo on a wheat bun

GREEK TURKEY BURGER 11

Toasted wheat bun, roasted red pepper, tomato, onion, cucumber, lettuce, alfalfa sprouts & tzatziki

BARBECUE BACON BURGER 12

8 oz beef burger, bbq sauce, caramelized onions, smoked gouda, bacon, lettuce & tomato on a brioche bun

sides

FRENCH FRIES 4

ONION RINGS 4

FRESH FRUIT 4

COLE SLAW 4

SWEET POTATO FRIES 4

TATOR TOTS 4

pizzas

WHITE PIZZA v small 12 large 15
Roasted garlic oil, spinach, artichoke heart, ricotta & mozzarella

DOUBLE PEPPERONI
small 11 large 15

MARGARITA v small 11 large 15
Tomato, mozzarella, fresh basil

MEATLOVERS small 13 large 16
pepperoni, Italian sausage & ham

CLASSIC CHEESE v
small 10 large 14

BUILD YOUR OWN small 10 large 14
Toppings— \$.50 each
pepperoni | bacon | Italian sausage | ham | artichoke hearts | mushrooms | green peppers | onions | spinach | olives | tomato | fresh basil | ricotta

Gluten free crust available.

plates

PROTEIN PLATE GF 15
Grilled 8 oz salmon with cottage cheese, vine ripened tomato, cucumber & fresh fruit

ANTHEM TRIPLE SCOOP 12
Pistachio chicken salad, albacore tuna salad, & house made egg salad served with vine ripened tomato slices & toast

FRIED SHRIMP TACOS 14
Beer battered shrimp, pico de gallo, cabbage, cilantro & chipotle aioli on grilled corn tortillas with a side of tortilla chips

SUMMER VEGETABLE LASAGNA v 18
Zucchini, tomato, mushroom, mozzarella, onion, yellow squash, garlic, ricotta, tomato sauce & parmesan cheese

GRILLED SWORDFISH SKEWERS GF 19
Herb marinated swordfish, cherry tomatoes, zucchini served with wild rice pilaf

PASTA PUTTANESCA 18
Linguine, tomato, anchovy, chile, kalamata olives, garlic, capers, parmesan & fresh herbs

Gluten free pasta available.

sandwiches

All sandwiches include your choice of French fries, onion rings, sweet fries, fresh fruit or cole slaw.

THE CLUB SUB 12
Smoked turkey, honey ham, cheddar, swiss, bacon, lettuce, tomato, & fresh herbed aioli on toasted ciabatta

B L A S T SANDWICH 15
Grilled salmon, bacon, tomato, lettuce, guacamole, chipotle aioli on toasted multigrain bread

THE IRWIN 11
Grilled chicken, bacon, avocado, basil, tomato, lettuce, pepper jack cheese & sundried tomato aioli on a brioche bun

CHICKEN SALAD CROISSANT 11
Pistachio chicken salad, toasted croissant, lettuce, vine ripened tomato & sprouts

TURKEY, BRIE & BACON 12
Sliced turkey, bacon, cranberry, spinach, herbed aioli & melted brie on toasted country white bread

TUNA MELT 11
Tuna salad, spinach, tomato, avocado, cheddar cheese on sourdough

GRILLED STEAK SANDWICH 13
Sliced sirloin, balsamic onion jam, horseradish aioli & gorgonzola on toasted sourdough

HALF SANDWICH & CUP OF SOUP 12
(The Irwin and B L A S T Sandwich not included)

Gluten free bread available.